

How to pray?

The Lord's prayer, Matthew 6:9-13, can be used as a guide to how to pray. Rather than simply saying the words of these familiar verses, you can use them as a blueprint in how to pray.

Beginning – Following the theme of verse 9, **give praise, thanks and worship** to God, Our Father – He is holy. Thank Him for who he is. This is continuing “Our Father in heaven, hallowed be your name.”

Next, based on verse 10, **Pray for God's will** to be done, in all areas of your life, in your work, in decisions you make, in meeting with others, in the leading of the country, in world affairs

Then, from verse 11, **Pray for your needs** – physical, emotional, financial, wisdom – whatever you are needing this day

Then, based on verse 12, **confess your sin** – which could include how we have left God out of our lives, our decisions, our thinking and other things we have done; and ask for forgiveness. Then **pray to forgive others** and ask for help doing this

Then from verse 13, **pray for protection**, and deliverance.

Finally, finish with **praise and thanksgiving**.